



TO LOOK GOOD
NOW AND EVER AFTER



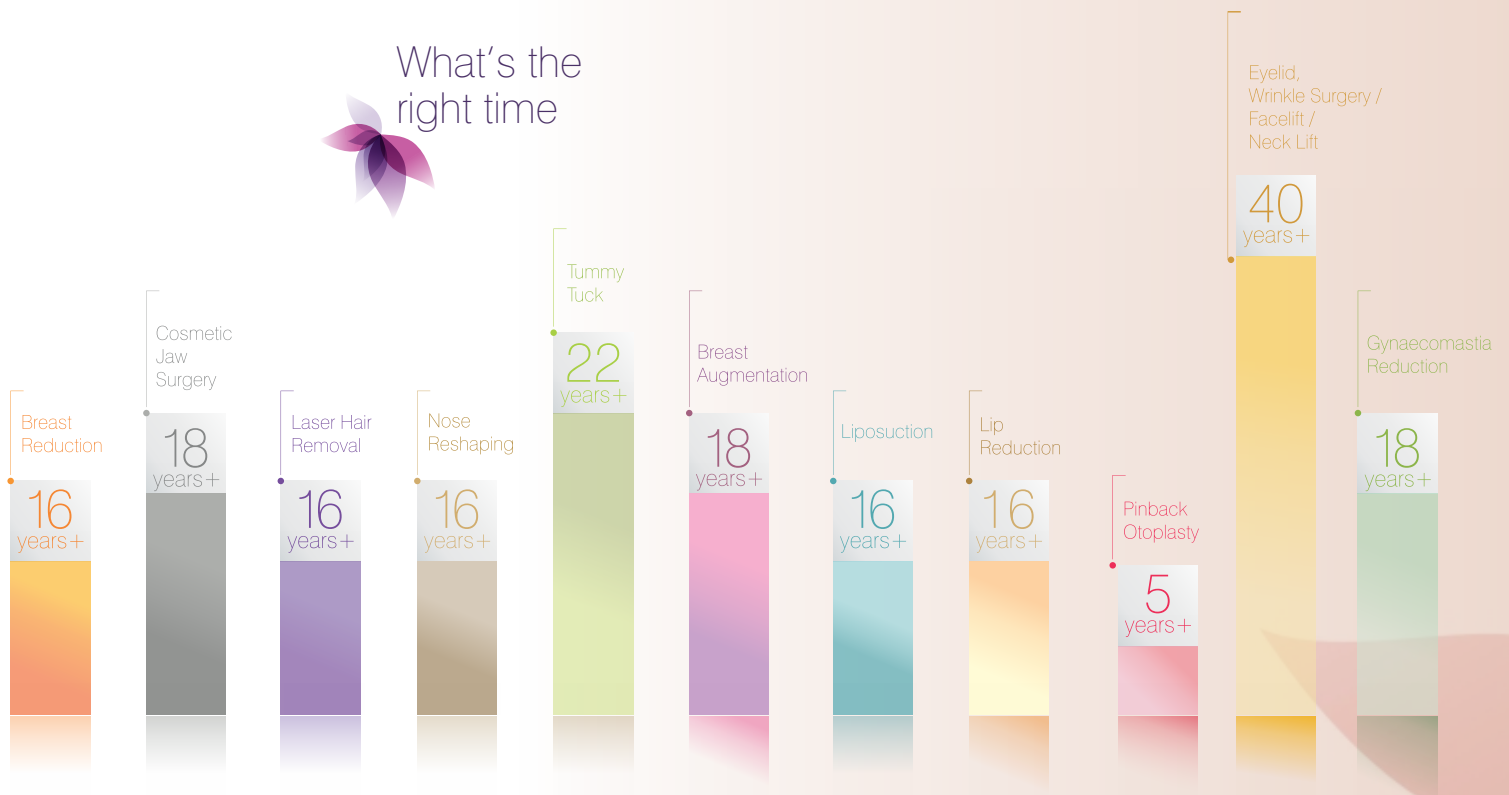
Cosmetic surgery is no longer uncommon. More and more people are opting for it, with the aim of enhancing their looks and lives. Done for both aesthetic and health reasons, it has gone a long way in boosting confidence, uplifting morale and providing a definitive solution to cosmetic issues for personal or professional needs.

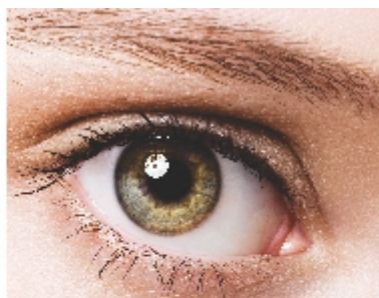
Looking beautiful contributes lastingly to feeling beautiful and that's exactly what the surgeon at Apollo Cosmetic Surgery aims to do - improve the quality of your life by enhancing your beauty.

The skilled hands of a highly trained cosmetic surgeon can help you uncover the new opportunities that come with a renewed image.

Apollo Cosmetic Surgery offers the best options - surgical and non-surgical - to help you rejuvenate your appearance, backed by surgeons with quality training and invaluable experience.

What's the right time







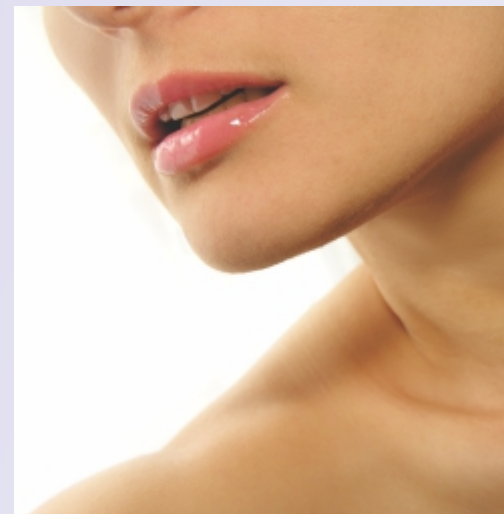
Hair Restoration

Although male and female pattern hair loss is hereditary and begins shortly after puberty, changing lifestyle choices also contribute to hair loss and baldness. Hair Restoration Surgery (Hair Transplant) is a permanent solution for lost scalp hair, including effective medical treatments which are now offered in the form of a pill (Finasteride) for men and a lotion / spray (Minoxidil) for men as well as women.



Hair Transplant is a surgical procedure by which permanent hair from regions of the scalp that normally never go bald, such as the sides and lower back of the head, is transferred or redistributed to areas where thinning or hair loss commonly occurs.

The procedure is performed under local anesthesia on an outpatient basis, and causes little or no pain. Sedation is very rarely used and patients will be fully awake during the operation.

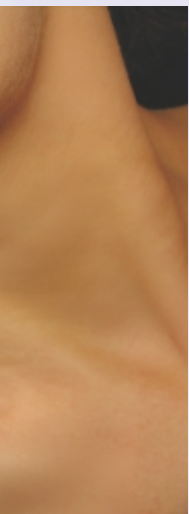




Rhinoplasty (Reshaping the Nose)

Being the most noticeable part of the face, irregularities and deformities of the nose are apparent and prominent. Depending on the case, Rhinoplasty includes elevation of a depressed nose by adding cartilage, bone or a silicone implant, removal of hump, reduction of the bulk of the tip of the nose, reduction of the size of the nostrils and narrowing of the base of the nose.

Rhinoplasty is done using either local or general anesthesia and in most cases, hospital stay is not required.



Cosmetic Jaw Surgery (Orthognathic Surgery)

The purpose of Orthognathic Surgery / Corrective Jaw Surgery is to set right functional and cosmetic problems that arise due to underlying jaw deformities. Orthognathic Surgery is often the treatment in cases where the bite problem is so severe that orthognathic braces alone are not enough to correct the problem, or where orthognathic alone would compromise your facial appearance.

Orthognathic Surgery is performed on the bones of the jaws to change their positions. It may be indicated for functional, cosmetic, or health reasons. Surgery can be carried out on the upper jaw, lower jaw and chin under general anesthesia.

One of the most rewarding aspects of Orthognathic Surgery is improved beauty and self-esteem.



Scar Corrections or Scar Revisions



When a scar is removed, a new scar is formed in its place. So, a scar cannot be removed. It can only be revised. In this procedure, scars are made less noticeable and the disfigurement is minimised. Scar correction operations are done only after the original scars have fully healed or matured. Scar revision procedures are done either under local or general anesthesia and usually do not require overnight stay in the hospital.





Liposuction or Fat Suction

This is a quick, safe and effective way to discard unwanted fat. Liposuction removes fat from the body, by using a tubular metal instrument connected to a suction machine or syringe. Fat collected on the hips, thighs, buttocks, abdomen, arms, under the chin and upper torso can be reduced by this procedure.

Liposuction is neither a substitute for dieting nor a cure for obesity and does not prevent a person from gaining weight afterwards. Therefore, proper precaution and maintenance is necessary. People with reasonably normal weight and with young, healthy, elastic skin, but with extra localised fat in certain areas, get the best results from this procedure.

This procedure is usually done under general anesthesia and does not require a stay at the hospital.



Abdominoplasty

Abdominoplasty, better known as 'Tummy Tuck' tightens up loose skin around the stomach area. It is recommended especially for women who have given birth or who have lost an excessive amount of weight, resulting in flab. It involves resectioning the folds of the abdominal skin and tightening the abdominal muscles to restore the tone lost during pregnancy. For people with excess fat, Liposuction may be advised along with Abdominoplasty. This surgery requires general anesthesia. Though some patients go home the same day, others may require one to two days' stay at the hospital.



Breast Augmentation

This is done to enlarge under developed breasts or those that become small after childbirth. An incision is made in the lower part of the breast or at the areola (dark skin around the nipple) and a silicone gel implant is placed behind the breast tissue.

Breast Augmentation Surgery is done under general anesthesia and does not require hospital stay.



Mastopexy (Breast Lift)

In Mastopexy, drooping and sagging breasts are tightened, reshaped and lifted up. Specific parts of the skin are removed from the lower part of the breasts and from around the areola.

The skin is then pulled together and sutured, tightening the breast. If required, the nipple and the areola are relocated higher for a normal appearance.

Mastopexy is done under general anesthesia. A silicone implant is placed at the same time to enlarge the breast in addition to tightening. This surgery usually does not require hospital stay.





Breast Reduction

This procedure is done to reduce the size of the breast by removing fat, tissue and skin from the lower part of the breast. The nipple is relocated higher and the breast is reshaped and contoured.

Scars are barely visible as the cuts are made at the breast fold below the areola and at the margin of the areola. Most scars fade to a great extent in a year or two. This surgery may require a day's stay at the hospital.



Correction of Gynecomastia (Enlarged Male Breasts)

For some men, breasts develop to a notable size during puberty and adolescence. While they usually attain normal size in later years, for some, they remain enlarged. In very rare cases, the problem could be attributed to hormonal treatments / problems. Though Liposuction alone can usually solve the problem, for some patients a cut is made at the edge of the lower half of the areola to remove the excess tissue. The procedure is done under general anesthesia but does not require hospital stay.





Face Lift

Face Lifts are a simple way to restore elasticity and youthfulness to skin. They are done to correct loose, sagging skin from the cheeks and neck. Incisions are made around and above the ears and skin is lifted from the cheeks and neck. The fascia over the muscle is tightened and excess skin removed and sutured. This surgery is done under local anesthesia with some sedation to relax the patient and may require a one-day stay at the hospital.

Eyelid Lift (Blepharoplasty)

An Eyelid Lift is done to even out the wrinkles around the eyes. Upper and lower eyelid wrinkles caused by relaxation of the skin are removed and tightened. A cut is made at the lid fold for the upper eyelid and at the eyelash margins for the lower one. The skin is then lifted and the excess skin, fat and muscle are removed and sutured. This procedure is done under local anesthesia with sedation and does not require hospital stay.





Dermal Fillers

The skin of younger people is thick and elastic due to collagen, the fibrous protein that forms the underlying support layer beneath the skin. With advancing age, the skin's networks of elastic fibres and collagen begin to weaken, causing the skin to lose its elasticity and firmness. Dermal Fillers, even one's own fat, are used to replenish the skin's suppleness and help maintain its youthful appearance, smoothening out facial lines.



Hymenoplasty

Also known as Hymen Reconstruction or Hymen Restoration, this is a revirgination surgery done to recreate the hymen. Using a surgical technique, the torn edges of the hymen are put back together. Typically a 30-45 minutes' procedure, it can be done using general or local anesthesia. The patient can return to work in a day or two, but complete healing takes approximately 6-8 weeks.



Labiaplasty

With advancing age, and due to many other reasons such as strenuous activity, sports, dancing etc., the labia become bulky / loose. The procedure changes the size or shape of the labia, typically making them smaller or correcting any asymmetry between them to make them aesthetic and reduce infections in the zone. The procedure takes about 30 minutes. Complications like bleeding and infection are minimal and patients can go home the same day.

Vaginal Tightening

Collagen fibers start losing their elasticity with age, and childbirth. Added to the structural changes in the vagina and urethra area, this phenomenon can cause reduction in sexual fulfillment as well as stress urinary incontinence. Vaginal tightening narrows the vaginal opening and tightens the vaginal canal by removing the excess vaginal lining and tightening lax muscles.



Laser Treatment

Laser treatments enhance the appearance and endow confidence in a jiffy. A laser is a high energy beam of light that can selectively transfer its energy into tissue to treat the skin.

Laser treatments available at Apollo Cosmetic Surgery

Hair Reduction (Hair Removal)

Skin Tightening

Removal of Acne, Chickenpox
Scars

Reduction of Fine Lines

Reduction of Stretch Marks

Anti-aging Treatment

Improving Complexion

Removal of Warts, Skin Tags

Removal of Birth Marks, Moles
and Tattoos

Facial Rejuvenation



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